



H is for Hummus: A Modern Parent's ABC

By Rickett, Joel. Wilson, Spencer.

Penguin. 1 Paperback(s), 2014. soft. Book Condition: New. An ABC not for toddlers but rather for their beleaguered mums and dads, this hilariously askew book looks at the realities of modern parenting by illustrating pertinent vocabulary words. A is for au pair and active birthing, B is for baby carrier and babyproofing, C is for carrot sticks and controlled crying, all the way to Z, for Zumba and the zzzz's of exhausted parents. The book has a decidedly British slant, but the pithy humor and droll cartoon illustrations are universal. "If your life has gone from being a well-oiled machine to a nappy, hummus, and crayon-covered monster, this book is for you. I love H Is for Hummus a joyous and tastefully disrespectful parenting manual." MumsInTheKnow.co.uk 48.



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