



## My Secret Bully (Paperback)

By Trudy Ludwig, Abigail Marble

Random House USA Inc, United States, 2015. Paperback. Book Condition: New. 249 x 198 mm. Language: English . Brand New Book. THE SECRET S OUT ON BULLYING Here is the all-too-familiar story of Monica. She and Katie have been friends since kindergarten. Monica loves being around her when she s nice. But there are times when Katie can be just plain mean. And Monica doesn t understand why. Monica is a target of relational aggression, emotional bullying among friends who will use name-calling and manipulation to humiliate and exclude. But with a little help from a supportive adult her mother Monica learns to cope and thrive by facing her fears and reclaiming power from her bully. Including a foreword by the founder of the The Ophelia Project, as well ashelpful tips, discussion questions, and additional resources, My Secret Bully is a vital resource for children, parents, teachers, and counselors. From the Hardcover edition.



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