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Essential Oils: A Complete Guide for Beginners: Essential Oil Aromatherapy for Weight Loss, Stress Relief, Skin Care Hair Loss (Paperback)

By Eleanor Brown

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From the Best Selling Skin Care Author, Eleanor Brown, comes Essential Oils: A Complete Guide For Beginners: Essential Oil Aromatherapy For Weight Loss, Stress Relief, Skin Care Hair Loss. This essential oils and aromatherapy guide is great for beginners and helps you get the full effect and all the benefits of essential oils. Are you interested in essential oils, but don't know where to start? Do you find essential oils and aromatherapy beneficial to your life and health, and would like new recipes to try? Or does 37 new and unique essential oil recipes sound appealing to you. THEN THIS BOOK IS FOR YOU! This book provides you with a step-by-step essential oils and aromatherapy beginners guide! Are you ready to experience healthy clear skin? Then check out this book NOW! Here are some of the aromatherapy and essential oils recipes you can find in this book: Hormone-Balancing Calming Bath Oil Stress-Busting Perfume Blend Sweet Dreams Bath and Shower Gel Lemon and Ylang Ylang Mineral Bath De-Stress Room Spritz Sunshine In A Bottle Massage Oil The...



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